



## **Code Descriptions and Guidance for using Crisis Codes 90839MH, 90840MH, and H2011MH**

There are three codes available to use for billing outpatient crisis intervention services, (not including Mobile Crisis Services).

### **90839MH Psychotherapy for Crisis, first 30-74 minutes and 90840MH each additional 30 minutes**

Psychotherapy for Crisis is an urgent assessment and history of a crisis state, a mental status exam, and a disposition. The treatment includes psychotherapy, mobilization of resources to defuse the crisis and restore safety, and implementation of psychotherapeutic interventions to minimize the potential for psychological trauma. The presenting problem is typically life threatening or complex and requires immediate attention to a patient in high distress.

90839MH and 90840MH are used to claim the total duration of time face-to-face with the patient and/or family spent by the provider even if the time spent on that day is not continuous.

90839MH is the primary service and 90840MH is the add on code to use when the total service time exceeds 74 minutes.

All services provided on the same day by the same provider to the same client must be documented in one progress note.

### **Guidance and Restrictions for 90839MH and 90840MH:**

- The patient must be present for all or some of the service.
- The service must be face-to-face. 90839MH cannot be provided via phone or telehealth.
- 90839MH is limited to licensed, registered, or waived clinical staff. It cannot be billed by MHRS's.
- Minimum billing time is 30 minutes.
- Maximum crisis billing in a 24-hour period is 8 hours.
- **Use H2011MH when:**
  - Service time is less than 30 minutes
  - Services are provided via methods other than in-person
  - Services are provided by non-lic/reg/waivered individuals

## **H2011MH Crisis Intervention Services**

Crisis Intervention is an unplanned, expedited service, to or on behalf of a member to address a condition that requires more timely response than a regularly scheduled visit. Crisis intervention is an emergency response service enabling the member to cope with a crisis, while assisting the member in regaining their status as a functioning community member. The goal of crisis intervention is to stabilize an immediate crisis within a community or clinical treatment setting.

Crisis intervention may include contact with significant support persons or other collaterals if the purpose of their participation is to focus on the treatment of the beneficiary.

Crisis intervention may be provided face-to-face, by telephone or by telehealth and may be provided in a clinic setting or anywhere in the community.

This service includes one or more of the following service components:

- Assessment
- Collateral
- Therapy
- Referral

### **Guidance and Restrictions for H2011MH**

- Can be provided via phone or telehealth
- Can be provided by an MHRS in addition to lic/reg/waivered staff
- Minimum billing time is 8 minutes
- Maximum crisis billing in a 24-hour period is 8 hours.